

**MEDITATION ON THE MYSTERIES OF THE
ROSARY**

FRIDAY

THE SORROWFUL MYSTERIES

(1) Agony in the garden

Jesus submitted to the agony of suffering and death to fulfill the Father's Will and his one great desire is that we might have life through the grace of redemption.

Our Father (1x)...

Hail Mary (10x)....

Glory be (1x)....

Eternal rest grant unto N.... O Lord

And let your perpetual light shine upon him/her.

May he/she rest in peace.

Amen.

May his/her soul and the souls of all the faithful departed through the Mercy of God, rest in peace.

Amen.

(2) The scourging at the pillar

Being tied to the pillar, Jesus' movements were restricted. He took upon himself the loss of freedom yet we brought upon ourselves the same loss of freedom through our sins. He patiently underwent insult, mockery and ridicule to set us free from the shame of sin. Let us pray for patience in our moments of suffering, pain and loss.

Our Father (1x)...

Hail Mary (10x)....

Glory be (1x)....

Eternal rest grant unto N.... O Lord

And let your perpetual light shine upon him/her.

May he/she rest in peace.

Amen.

May his/her soul and the souls of all the faithful departed through the Mercy of God, rest in peace.

Amen.

(3) The Crowning with Thorns

The soldiers made fun of Jesus as a king. The crown of thorns hurt Him

badly. He bled. Yet he shone out as a King of love, a King who through his humble service set us free from the slavery of sin. Let us pray that we may grow as a Kingly People through service to one another.

Our Father (1x)...

Hail Mary (10x)....

Glory be (1x)....

Eternal rest grant unto N.... O Lord

And let your perpetual light shine upon him/her.

May he/she rest in peace.

Amen.

May his/her soul and the souls of all the faithful departed through the Mercy of God, rest in peace.

Amen.

(4) The Carrying of the Cross

It was Jesus' journey to death. He had to carry upon his shoulders the very instrument of his death. He has told us, that the way of the Cross is inevitable, if we want to possess life. Let us present to the Lord all the sufferings and

crosses **N**... endured in order to possess eternal life in Him.

Our Father (1x)...

Hail Mary (10x)....

Glory be (1x)....

Eternal rest grant unto **N.... O Lord**

And let your perpetual light shine upon him/her.

May he/she rest in peace.

Amen.

May his/her soul and the souls of all the faithful departed through the Mercy of God, rest in peace.

Amen.

(5) The Crucifixion

Jesus had to be lifted up in order to procure freedom of eternal life for us: 'As Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life.' The cross – the instrument of condemnation has become the symbol of life and victory. May Christian faith, hope and love always abide in our lives.

Our Father (1x)...
Hail Mary (10x)....
Glory be (1x)....

Eternal rest grant unto N.... O Lord
And let your perpetual light shine upon
him/her.
May he/she rest in peace.
Amen.

May his/her soul and the souls of all
the faithful departed through the
Mercy of God, rest in peace.
Amen.

(RETURN TO THE APPROPRIATE
PAGE OF THE RESPECTIVE PRAYER
SERVICE FOR THE INTERCESSIONS,
CONCLUDING PRAYER AND HYMN)