

Act of Consecration to the Sacred Heart of Jesus
(Words of the prayer of Saint Margaret Mary Alacoque)

St. Margaret Mary Alacoque was born in 1647 in L'Hautecour, France. She entered the Visitation convent in Paray-le-Monial in 1671 and soon experienced a series of visions in which Christ asked her to spread devotion to his Sacred Heart, the devotion of First Fridays, and the practice of making Holy Hours before the Blessed Sacrament. She died in 1647 and was canonized by Pope Benedict XV 1920. Her incorrupt body rests in Paray-le-Monial.

Some of the graces promised by Christ to those who consecrate themselves to his Sacred Heart include the graces necessary in their state of life, abundant blessings and comfort, and peace in their homes. Those who receive Holy Communion on nine consecutive First Fridays will be given the grace of final perseverance and will find a safe refuge in the Sacred Heart at the moment of death.

To the Sacred Heart of our Lord, Jesus Christ, I give myself and I consecrate my person and my life, my actions, pains, and sufferings, so that I may be unwilling to make use of any part of my being other than to honor, love, and glorify the Sacred Heart.

This is my unchanging purpose, namely, to be all His, and to do all things for the love of Him, at the same time renouncing with all my heart whatever is displeasing to Him. I therefore take You, O Sacred Heart, to be the only object of my love, the guardian of my life, my assurance of salvation, the remedy of my weakness and inconstancy, the atonement for all the faults of my life and my sure refuge at the hour of death.

Be then, O Heart of goodness, my justification before God the Father, and turn away from me the strokes of his righteous anger. O Heart of love, I put all my confidence in You, for I fear everything from my own wickedness and frailty, but I hope for all things from Your goodness and bounty.

Remove from me all that can displease You or resist Your holy will; let your pure love imprint Your image so deeply upon my heart, that I shall never be able to forget You or to be separated from You.

May I obtain from all Your loving kindness the grace of having my name written in Your Heart, for in You I desire to place all my happiness and glory, living and dying in bondage to You.

Father,
we honor the heart of your Son,
broken by our cruelty,
yet symbol of love's triumph,
pledge of all that we are called to be.
Teach us to see Christ in the lives we touch
and to offer him living worship
by love-filled service to our brothers and sisters.
We ask this through Christ our Lord.
Amen.

Litany of the Sacred Heart of Jesus

In 1899 Pope Leo XIII approved this Litany of the Sacred Heart of Jesus for public use. This litany is actually a synthesis of several other litanies dating back to the 17th century.

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

God the Father of Heaven,

Have mercy on us.

God the Son, Redeemer of the world,

God the Holy Spirit,

Holy Trinity, one God,

Heart of Jesus, Son of the Eternal Father,

Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,

Heart of Jesus, one with the eternal Word,

Heart of Jesus, infinite in majesty,

Heart of Jesus, holy temple of God,

Heart of Jesus, tabernacle of the Most High,

Heart of Jesus, house of God and gate of heaven,

Heart of Jesus, aflame with love for us,

Heart of Jesus, source of justice and love,

Heart of Jesus, full of goodness and love,

Heart of Jesus, wellspring of all virtues,

Heart of Jesus, worthy of all praise,

Heart of Jesus, King and center of all hearts,

Heart of Jesus, treasure house of wisdom and knowledge,

Heart of Jesus, in whom there dwells the fullness of God,

Heart of Jesus, in whom the Father is well pleased,

Heart of Jesus, from whose fullness we have all received,

Heart of Jesus, desire of the eternal hills,

Heart of Jesus, patient and full of mercy,

Heart of Jesus, generous to all who turn to You,

Heart of Jesus, fountain of life and holiness,

Heart of Jesus, atonement for our sins,

Heart of Jesus, overwhelmed with insults,

Heart of Jesus, broken for our sins,

Heart of Jesus, obedient even to death,

Heart of Jesus, pierced by a lance,

Heart of Jesus, source of all consolation,

Heart of Jesus, our life and resurrection,

Heart of Jesus, our peace and reconciliation,

Heart of Jesus, victim for our sins,

Heart of Jesus, salvation of all who trust in You,

Heart of Jesus, hope of all who die in You,

Heart of Jesus, delight of all saints,

Lamb of God, you take away the sins of the world, **Have mercy on us.**

Lamb of God, you take away the sins of the world, **Have mercy on us.**

Lamb of God, you take away the sins of the world, **Have mercy on us.**

Jesus, gentle and humble of Heart, **Touch our hearts and make them like your own.**

Let us pray.

Father, we rejoice in the gift of love we have received from the heart of Jesus your Son. Open our hearts to share his life and continue to bless us with his love. We ask this in the name of Jesus the Lord. **Amen.**